

Risking Covid Infection?

Make an **Informed** decision.

Covid-19 is not a respiratory illness, but one which **attacks the lining of blood vessels** throughout the body

(Janardhan et al., 2020 doi: 10.1111/jon.12770)



Study shows **60%** of recovered people **recovered** from Covid have **ongoing heart inflammation**. Risk was **not associated** with **initial symptom severity**.

(Puntmann et al., 2020 doi: 10.1001/jamacardio.2020.3557)



1 in 5 people develop a **new health condition** following Covid-19 infection

(Bull-Otterson et al. 2022 doi: 10.15585/mmwr.mm7121e1)



Even mild Covid infection causes **immune dysfunction** for many months, **increasing risk of other illnesses**

(Phetsouphanh et al., 2022, doi: 10.1038/s41590-021-01113-x; Winheim et al., 2021, doi: 10.1371/journal.ppat.1009742)



Covid has been **found inside** the penis, breast, appendix and brain **months after initial infection**

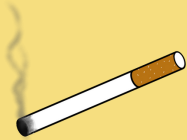
(Chertow et al., 2021 doi: 10.21203/rs.3.rs-1139035/v1; Goh et al., 2022 doi: 10.21203/rs.3.rs-1379777/v1; Kresch et al., 2021 doi: 10.5534/wjmh.210055)



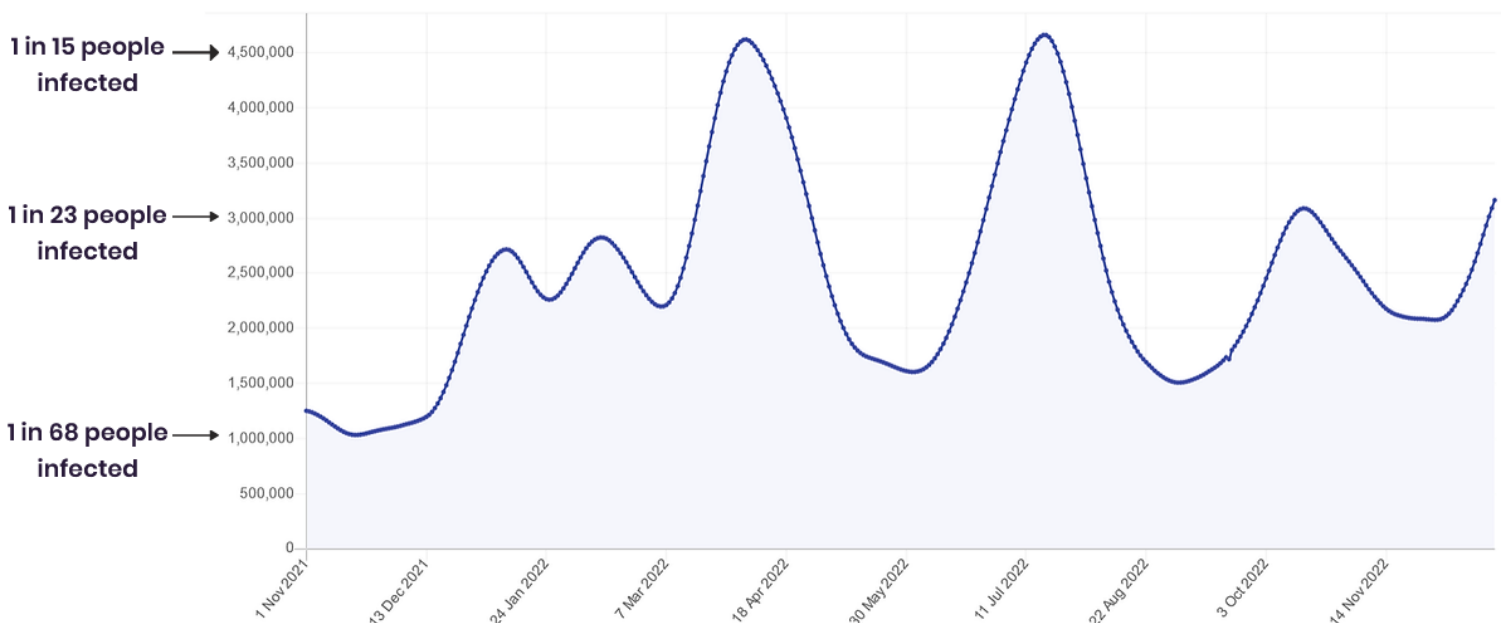
Covid-19 is **airborne** -it moves through the air like **cigarette smoke**.

Most infection is through **inhalation** of the virus

(Zhang et al., 2020 doi: 10.1073/pnas.2009637117)



Estimated Total UK Covid-19 Infections



Graph from ZOE Covid Study. Data corroborated by ONS

More info: covidhealthimpacts.co.uk