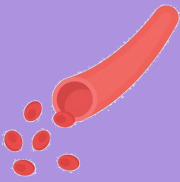


# Risking Covid Infection?

## Make an **Informed** decision.

Covid-19 is not a respiratory illness, but one which **attacks the lining of blood vessels** throughout the body

(Janardhan et al., 2020 doi: 10.1111/jon.12770)



Covid infection causes **3-6x** increased risk of **erectile dysfunction**

(Sansone et al., 2021 doi: 10.1111/andr.13003; Hsieh et al., 2022 doi: 10.1016/j.sxmr.2021.09.002)



**Reduced brain size and cognitive decline** are seen with **mild** infection

(Crunfli et al., 2022 doi: 10.1073/pnas.2200960119; Douaud et al., 2022 doi: 10.1038/s41586-022-04569-5)



There is **limited evidence** that **handwashing** prevents Covid-19 spread

(Zhang et al., 2020 doi: 10.1073/pnas.2009637117; Greenhalgh et al., 2021 doi: 10.12688/wellcomeopenres.17270.1)



**1 in 5** people develop a **new health condition** following Covid-19 infection

(Bull-Otterson et al. 2022 doi: 10.15585/mmwr.mm7121e1)



Covid-19 is **airborne** -it moves through the air like **cigarette smoke**. Most infection is through **inhalation** of the virus

(Zhang et al., 2020 doi: 10.1073/pnas.2009637117)



Infection during pregnancy can **reduce baby's lung volume** and more than **doubles risk of neurodevelopmental disorder** diagnosis in first year

(Edlow et al., 2022 doi: 10.1001/jamanetworkopen.2022.15787; Stoeklein et al., 2022 doi: 10.1016/S2213-2600(22)00060-1)



**Vaccines** are good for reducing initial infection severity but **only slightly reduce risk of Long Covid**

(Al-Aly et al., 2022 doi: 10.1038/s41591-022-01840-0)



Even mild Covid infection causes **immune dysfunction** for many months, **increasing risk of other illnesses**

(Phetsouphanh et al., 2022, doi: 10.1038/s41590-021-01113-x; Winheim et al., 2021, doi: 10.1371/journal.ppat.1009742)



More info: [covidhealthimpacts.co.uk](https://covidhealthimpacts.co.uk)